

Enjoy our facilities whilst we look after your children...

Whilst you enjoy the centre's facilities, why not leave your child in our well-equipped crèche? Our qualified and experienced staff provide quality care and enjoyable learning experiences for babies and children under 5 years old. This is provided in a safe, stimulating and caring environment. We are an inclusive setting that welcomes everyone.

We aim to promote and encourage all areas of your child's development, with a varied range of play-based activities, which are investigative, sensory, imaginative, creative and constructive.

We welcome visits from parents to view the crèche, talk about their child's particular needs and meet the staff.

Policies and Procedures

The crèche has policies and procedures that are available for perusal upon request. The crèche is registered and inspected by OfSTED.

Booking

To avoid disappointment on arrival, we would advise you to book your child's place in the crèche beforehand.

Direct Debit and annual members can book 14 days in advance, centre members can book 8 days in advance and non-members 7 days in advance. All places must be paid for at the time of booking. Bookings must be made at main reception in person or by telephone. A prepaid card of ten places is available for members to make telephone bookings more convenient. A minimum of 2 hours notice is required to cancel a booking. No refunds are given, but bookings can be transferred within 2 weeks of the cancellation for centre members and 1 week for non-members.

Admissions Policy

- A registration form must be filled in on arrival for the first time at the crèche, which must include an emergency contact name and number
- Children must be signed in and out of the crèche, and will not be allowed to leave with anyone other than the person signing them in, unless prior written arrangements have been made with the crèche staff.
- Parents must stay on site whilst their child is in the crèche.
- We are unable to accept any child who has been ill within the last 24 hours.



PLAY

CREATE

ENJOY

Central
Bedfordshire

great
lifestyles



Flitwick Sports Centre Bank holiday timetable May 2016

lifestyles @ flitwick

Find us online www.sll.co.uk

@FLCLifestyles

/FlitwickLeisureCentre

This facility is
managed in
Partnership with

SLL

May Bank Holiday Timetables

lifestyles @ flitwick

workout@lifestyles

Monday 2nd May

9.15am	Group Cycle**	Studio 4
10.15am	Aerobics	Studio 3
10.15am	Kettlebells	Studio 2
11.30am	Bodypump	Studio 2
11.30am	Bums, tums and Thighs	Studio 3
11.45am	Group cycle**	Studio 4
12.45pm	Bodybalance	Studio 3
12.45pm	Pilates	Studio 2
1.45pm	Pilates	Studio 2
5.45pm	Bodycombat	Studio 3
5.45pm	Body Pump	Studio 2

*30 minute class **45 minute class

Monday 30th May

9.15am	Group Cycle**	Studio 4
10.15am	Aerobics	Studio 3
10.15am	Kettlebells	Studio 2
11.30am	Bodypump	Studio 2
11.30am	Bums, tums and Thighs	Studio 3
11.45am	Group cycle**	Studio 4
12.45pm	Bodybalance	Studio 3
12.45pm	Pilates	Studio 2
1.45pm	Pilates	Studio 2
5.45pm	Bodycombat	Studio 3

*30 minute class **45 minute class

For all bookings please visit our website www.sll.co.uk

Swimming@Lifestyles

Main Pool

Monday 2nd May

9.15am - 7.00pm* General Swim

Learner Pool

Monday 2nd May

9.00am - 7.00pm* General Swim 1/2 pool

Monday 30th May

9.15am - 7.00pm* General Swim

Monday 30th May

9.00am - 7.00pm* General Swim 1/2 pool

*Last admission 1 hour prior to closing

All AquaEd and SportEd classes will be running as normal in both pools and in the sports hall.



Gym@Lifestyles

Monday 2nd May

9.00am - 7.00pm*

Monday 30th May

9.00am - 7.00pm*

*Last admission 30 minutes prior to closing.

Cafe@Lifestyles

Monday 2nd May

9.00am - 6.00pm

Monday 30th May

9.00am - 6.00pm

Climbing@Lifestyles

Monday 2nd May

9.00am - 6.30pm

Monday 30th May

9.00am - 6.30pm